Preston Wheelers Open 25 Mile Time Trial Inc NLTTA Championship

Promoted for and on behalf of Cycling Time Trials under their rules and regulations on Sunday 4th June 2023 at 08:00hrs

Course L2533 Timekeeper: Richard Taylor Assist T/keeper: Mike Smith First Rider – **08:01hrs**

Event Secretary
Gethin Butler
29 Grafton Street
Preston
PR1 8JH
Tel: 01772 258740

Tel: 01772 258740 Mob: 07512 581943

Email Gillandgeth@tiscali.co.uk

Please note that we are using a slightly different course than was advertised originally and starting an hour earlier

Event Headquarters

Winmarleigh Village Hall: From Garstang lights on the A6 head NW up the B5272 towards Cockerham for about 1 mile then turn left along Broad Lane. The Hall is on your right after ¼ mile. This is where the signing on sheet and numbers will be. Event HQ should be open from 07:00 hrs.

Please return your number to the HQ after the event where refreshments will be available. Don't forget to **SIGN OUT**!

Please also note a copy of the Risk Assessment for the course will be available to read at the HQ

Please allow plenty of time to get from the HQ to the Start. At least 5 minutes! Turn left out of the hall, down to the crossroad where turn right and the start is about $\frac{1}{2}$ mile along the road before you reach the narrow canal bridge

PRIZE LIST

 1st
 Fastest £30
 1st Lady £30

 2nd
 Fastest £25
 2nd Lady £25

3rd Fastest £20

1St V40, V50, V60 and V70 £15

Fastest team of 3 riders £10 each

One rider one prize (highest value), except team prize

Course Details L2533

Start on B5272 (Park lane) at drainage grate opposite the **first** metal gate on east side of road 0.20 miles north of bridge over the Lancaster canal. Proceed north along B5272 to Cockerham where left (3.39m) onto A588 (Lancaster road). Proceed southwest on A588 to Stakepool, where left at Elletson Arms onto Garstang road (8.21m). continue on Garstang road into Black lane and Kilcrash lane to turn left at 'T' junction into Longmoor lane (12.53m). Continue east along Longmoor lane to junction with Nateby crossing lane (13.47m). Left (**Care**) into Nateby crossing lane and proceed north to junction with Cockerham road (B5272) (14.33m). Continue north on B5275 past the start to turn left at Cockerham onto A588 (18.42m) and left at Stakepool (23.23m) onto Garstang road. Continue on Garstang road to finish at east end of long metal field gate approximately 200 yards before junction with Island lane (25m).

The following Local Regulations have been approved by the National Committee in accordance with Regulation 38. Any breaches may lead to disciplinary action being taken.

CTT Regulation 14: Competitors Machine - FRONT WHITE LIGHT & REAR RED LIGHT NO COMPETITOR shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine A WORKING FRONT WHITE LIGHT, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. A WORKING REAR RED LIGHT must be affixed to the rear of the machine, that is illuminated and in a position that is clearly visible to other road users.

CTT Regulation 17: Signing-on Sheet and Signing-out Sheet:

- (a) The Competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.
- (b) In Type A events a competitor must return to the events HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their number and (ii) sign the official Signing-out Sheet.

Local Reg 5: For the duration of the event, competitors must not ride past the timekeepers except when actually competing.

Local Reg 6: Any competitor making a U turn in the vicinity of the Start or Finish area will be disqualified from the event.

Local Reg 10: Warming up on the course is not permitted during the duration of the event.

Local Reg 15: Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

IN ADDITION TO THE ABOVE

Riders must give their number at the finish and elsewhere on the course if requested.

Riders must NOT STAND in the road at the start or the finish. (This constitutes obstruction and is a breach of Regulations).

Riders must NOT ride with their heads down.

HELMETS: ALL COMPETITORS MUST wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised standard. (See Regulation 15)

Have a good ride - Please - Please - Please take care. No Time Name Club Cat

| No | Time | Name | Club | Cat |
|----|-------|--------------------|---------------------------|-------|
| 3 | 08:03 | Christine Roberts | Preston Wheelers | W V40 |
| 4 | 08:04 | Brian Moore | TA-NW region | T V60 |
| 5 | 08:05 | John Leach | Rossendale RC | V70 |
| 6 | 08:06 | Paul Russell | Springfield Financial RT | V50 |
| 7 | 08:07 | Neil Cooper | Liverpool Century RC | V50 |
| 8 | 08:08 | Scott Taylor | Springfield Financial RT | V60 |
| 9 | 08:09 | Helen Thomas | Rossendale RC | W V50 |
| 10 | 08:10 | James Holloway | Ribble Collective | S |
| 11 | 08:11 | Thomas Minns | Springfield Financial RT | S |
| 12 | 08:12 | Peter Greenwood | Clayton Velo | V70 |
| 13 | 08:13 | Nick Higginson | Cleveleys RC | V40 |
| 14 | 08:14 | Danny Halpin | Bristol CX | V40 |
| 15 | 08:15 | Andrew Whiteside | Springfield Financial RT | V40 |
| 16 | 08:16 | Paul Shallicker | Coveryourcar.co.uk.RT | V50 |
| 17 | 08:17 | Richard Tyson | Rock to Roll CC | V50 |
| 18 | 08:18 | Theresa Taylor | Springfield Financial RT | W V60 |
| 19 | 08:19 | Graeme Poole | Tri Preston | V40 |
| 20 | 08:20 | Derek Parkinson | Springfield Financial RT | V40 |
| 21 | 08:21 | Mark Parsons | Tean ASL-Bolton | V50 |
| 22 | 08:22 | Matt Stell | Springfield Financial RT | V40 |
| 23 | 08:23 | Neil Lang | Southport CC | V40 |
| 24 | 08:24 | Christopher Thomas | Blackburn & District CTC | V50 |
| 25 | 08:25 | Stephen Feeney | Tactic Sport UK Race Team | V50 |
| 26 | 08:26 | Chris Booth | Giant-Kendal-Sidas.uk | S |
| 27 | 08:27 | Martin Welsh | Pendle Forest CC | V60 |
| 28 | 08:28 | Emma Houterman | North Lancs RC | W S |
| 29 | 08:29 | Rachel Orton | Tri Preston | W V40 |
| 30 | 08:30 | David Thompson | Rock to Roll CC | V40 |
| 31 | 08:31 | Dan Shackleton | ABC Centreville | V50 |
| 32 | 08:32 | Paul Blackburn | Coveryourcar.co.uk.RT | V40 |
| 33 | 08:33 | Mike Westmorland | Border City Wheelers | V70 |
| 34 | 08:34 | Craig Howarth | Rossendale RC | V50 |
| 35 | 08:35 | David Powell | Horwich CC | V40 |
| 36 | 08:36 | Matt Morris | Wigan Wheelers CC | S |
| 37 | 08:37 | Paul Taylor | North Lancs RC | V50 |
| 38 | 08:38 | Peter Haigh | VTTA North Lakes & Lancs | V60 |
| 39 | 08:39 | Andy Whitehead | Seamons CC | V60 |
| 40 | 08:40 | Richard Nesfield | Giant-Kendal-Sidas.uk | S |